

## Lord's DAY NURSERY

### Health and Safety in Changing and Disposing of Nappies

**Consideration should be given to the possibilities of cross infection whilst changing nappies and disposing of them**

**We do not discriminate against children who have not yet achieved full continence. Some young children may still be working towards full continence, or may remain incontinent for a prolonged period of time because they have a specified medical condition. Others may not yet have achieved this stage in their development.**

#### Health & Safety

- Lord's Day Nursery provides disposable gloves, a changing mat, nappy bags and appropriate hand washing facilities. Soiled nappies will be double wrapped and placed in the nappy bin.
- The changing areas will be cleaned after use.
- Water and liquid soap will be available to wash hands as soon as the task is completed.
- Paper towels will be available for drying hands.

#### Procedures for personal care

For any child who needs to be changed regularly a personal care plan will be agreed with parents. This plan will include:

- Who will change the child?
- Where the changing will take place
- What resources will be used and who will supply them
- How the nappy would be disposed of
- What infection control measures are in place?
- What the Practitioners will do if the child is unduly distressed by the experience or if any practitioner notices marks or injuries.

#### Partnership working

Delayed continence may be linked with delays in other aspects of a child's development and will benefit from a planned programme worked out in partnership with the child's parents/carer, and possibly the health visitor.

We aim to meet with the parents before the child starts in our Nursery. At this meeting, we will discuss:

- The nature of the child's difficulties and possible causes
- How the parent manages the situation at home
- Preference in terms of practical care, e.g. use of water or baby wipes
- Preferred method of toilet training
- How we are going to develop a consistent approach at home and in the Setting
- We may also ask parents/carers to sign a home/Setting agreement (Appendix A) which clearly defines the responsibilities that each partner has, and the expectations each has for the other.

### **Child Protection and Intimate Handling**

- Safeguarding policy – a hard copy is available in the Setting office
- Parents must understand that changing a child's nappy will involve intimate handling
- One member of Practitioner (DBS checked) would change the child. This member of Practitioner must sign the nappy changing record.
- **No volunteers or students should change a child.**
- All practitioners are encouraged to be vigilant for any signs or symptoms of improper practice.
- All practitioners would be made aware of procedures to follow if a complaint is made against any assistant.
- Facilities
- There is an accessible facility for changing nappies which is private, safe, and protects the dignity of the child

Date: December 2017

Review Date: December 2018

## Appendix A

### Home/Setting Agreement for the intimate care of .....

#### **The parent will**

- Change their child at the latest possible time before being brought to Setting.
- Provide the Setting with spare nappies, cream, wipes and a change of clothing.
- Agree to the procedures that will be followed when their child is changed – including the use of any cleanser or the application of any cream
- Inform the setting if the child has any marks/rash
- Agree to a 'minimum change' policy i.e. the setting would not undertake to change the child more frequently than if s/he was at home.
- Agree to review arrangements should this be necessary.

#### **The Setting will**

- Change the child during every single session should the child soil themselves or become uncomfortable or wet
  - Agree how often the child should be changed if staying all day
  - Monitor the number of times the child is changed in order to identify progress made
  - Report if the child is distressed, or if marks/rashes are seen
  - Review arrangements should this be necessary
- Try to use the same person in changing the child's nappy

Practitioners always wash hands thoroughly before and after changing a nappy:

- wear protective disposable gloves
- Always use disposable nappies to reduce the risk of cross infection
- Place the soiled nappy in the nappy bin provided
- wipe the changing mat down after each change if in use using the sanitizer
- Never leave a child unattended on a changing mat
- At all times the Practitioner should inform other members of the team what they are doing and the nappy change should be recorded
- be careful to stand in the correct position when lifting a child

Signature of parent/carer \_\_\_\_\_

Signature on behalf setting \_\_\_\_\_